

Skin Excision Procedure



McRae Plastic Surgery

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POST CARE INSTRUCTIONS

- ◆ Dr. McRae will see you in the office two weeks after your procedure. Pathology results take 14 days to process. We will discuss the results at your follow up visit to determine if any further care such as wound care, surgery or radiation is necessary.
- ◆ Oozing and post-operative bleeding is common post skin excision particularly large wounds on the face. This should stop within 24-48 hours of the procedure. Manual compression with gauze or clean towel for 10 minutes (without interruption) should stop most bleeding. For the night after the procedure, place a clean towel under the operative site so as not to soil the bedding or pillow.
- ◆ If you have a skin graft performed, we will see you at one week for removal of the dressing. This dressing will be re-applied and the wound to remain dry for 2 weeks total. The donor site dressing will be removed at two weeks. At the two week mark, both the skin graft donor and recipient site should be washed daily with soap and water. Non-scented moisturizer should be used daily for skin grafted sites.
- ◆ If your wound is closed with stitches (without the need of skin graft) you may remove the outer dressing when soiled and replace with a new bandage. You should keep the area dry for 72 hours post procedure.
 - The steri strips beneath the bandage will fall off in the shower, usually within the first week. When steri strips are off, you can place polysporin over the incision line after your shower and cover with a bandage. Limit your shower to 5 minutes in length.
 - Please use liquid antibacterial soap. The soap can usually be used directly over the incisions and steri strips. Care should be taken if there are any small open areas. Additionally, be gentle with the incisions so as not to disrupt them.
- ◆ It is not appropriate to have the incisions submerged under water so a bath or swimming is not permitted for 1 month after your surgery or as otherwise specifically advised by Dr. McRae.
- ◆ Please take all medications as prescribed
- ◆ Increasing pain and redness at the surgical site could indicate a local infection requiring antibiotics. Please contact us for re-evaluation should this occur.

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